

# Time Management in Life & Work

Each of us experiences time differently depending on our culture and family background. But whether we are time-oriented or event-oriented, the way we use our time will determine the outcomes of our life.

The Apostle Paul was a businessman & ministry leader who lived and worked from distinct perspective on time. This perspective is a significant part of what made him a world changer. Paul was determined to *make the most of every day*. He called it *redeeming the time* in both Ephesians 5:16 and Colossians 4:5. He believed that each day and each hour is a sacred and significant opportunity that we can either *redeem* or *waste*.

Yesterday is gone. We won't get another shot at that one. It was a truly unique opportunity. We hopefully redeemed some of it. We probably wasted some of it.

There is always enough time to do God's will. But there's not enough time to do God's will plus my will, no matter how urgent, noble, spiritual or important my will may seem.

## Be Filled

**Ephesians 5:14-21** For this reason it says, "Awake, sleeper, And arise from the dead, And Christ will shine on you." <sup>15</sup> Therefore be careful how you walk, not as unwise men but as wise, <sup>16</sup> making the most of your time, because the days are evil. <sup>17</sup> So then do not be foolish, but understand what the will of the Lord is. <sup>18</sup> And do not get drunk with wine, for that is dissipation, but be filled with the Spirit, <sup>19</sup> speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; <sup>20</sup> always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father; <sup>21</sup> and be subject to one another in the fear of Christ.

*Key to making the most of each day:*

## Be Focused

**1 Corinthians 9:24-27** Do you not know that those who run in a race all run, but *only* one receives the prize? Run in such a way that you may win. <sup>25</sup> Everyone who competes in the games exercises self-control in all things. They then *do it* to receive a perishable wreath, but we an imperishable. <sup>26</sup> Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air; <sup>27</sup> but I discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified.

*Key to making the most of each day:*

## Be Flexible

**Proverbs 16:9** The mind of man plans his way, But the LORD directs his steps.

**Hebrews 3:7-8** Therefore, just as the Holy Spirit says, "today if you hear His voice, <sup>8</sup> do not harden your hearts as when they provoked me, as in the day of trial in the wilderness.

*Key to making the most of each day:*

## Pray About Everything

**Philippians 4:6-7** Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup> And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

*Key to making the most of each day:*

## Rest & Reflect

**Matthew 11:28-30** "Come to Me, all who are weary and heavy-laden, and I will give you rest. <sup>29</sup> "Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> "For My yoke is easy and My burden is light." (See also Ex. 20:8-11.)

*Key to making the most of each day:*

## Seek Counsel & Coaching

**Proverbs**

- **1:5b** A man of understanding will acquire wise counsel
- **12:15b** A wise man is he who listens to counsel.
- **15:22a** Without consultation, plans are frustrated...
- **24:6** In abundance of counselors there is victory.

*Key to making the most of each day:*

## What is the Spirit of God saying to you?

Be filled? Be focused? Be flexible? Pray about everything? Rest & reflect? Seek coaching?